

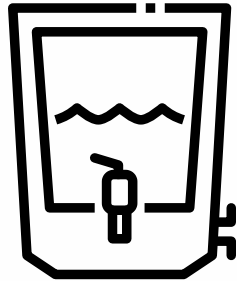
Brands throughout time have made us think about our health.

Dotted through the decades, hunt out these brands as you travel through our Time Tunnel.

Take your finished sheet to the reception desk to claim your prize!

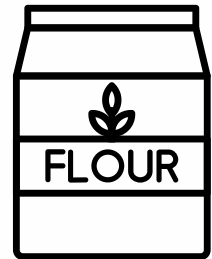
VICTORIAN

This filter made water safer to drink. Colour it in when you find it.



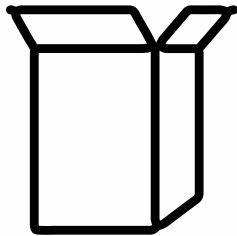
Edwardian

Brown & Polson's Patent Flour says it's good for children. What can you make with flour at home?



1930s

A healthy breakfast is important to set you up for the day. How many cereal brands can you see in this decade?

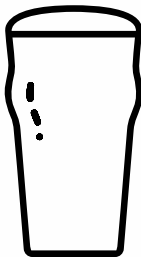


1940s

Gluco Sweet Orange Vitamin C drink was a source of vitamin C for children during the war. Draw the bottle once you find it.

1950s

Brands often use health as part of their advertising. Can you complete this 1950s slogan?



1960s

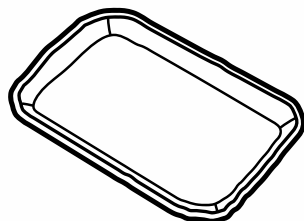
Yoghurt is a good source of calcium for healthy bones. Fill the cup with your favourite yoghurt flavour.



_____ is Good for You

1980s

Lean Cuisine was advertised as a quick healthy meal for busy adults. Draw your favourite meal in the tray.



1990s

Look for the pencil case with a 'school survival kit'. Can you name the brand? Draw the kit once you see it.

Branding Hall

Lucozade used to be sold in pharmacies to drink for energy when people were ill. Search for Lucozade in the Branding Hall. Can you find the matching painting on the wall next door?



Eating a healthy, balanced diet is an important part of maintaining good health and can help you feel your best. For more information visit www.nhs.uk/live-well/

**SHOW YOUR HUNT TO OUR VOLUNTEERS ON THE DESK
TO CLAIM YOUR PRIZE**